



Annual Report

2020 - 2021

Snehadhara Foundation (SF) is a registered non-profit organisation based in Bangalore. Pioneers of Arts Practices for Inclusion, SF believes that inclusion is the bedrock of a more compassionate and empathetic society. It advocates inclusionary spaces where arts practices form the primary methodology of teaching and learning. For this purpose, it has crafted three initiatives: Direct Care, impART and Prajnadhara. SF works towards creating an environment where children and adults with special needs can find autonomy and dignity, build relationships, and further build inclusive spaces for themselves and others.

Direct Care

The dawn of 2020 was a celebration of new beginnings in more ways than one. The inauguration of our new Nelamangala campus marked a shift in Snehadhara Foundation's approach to its Direct Care programme as it brought on board learning through a semi-residential format. The COVID-19 pandemic situation, however, broke out in March, and sent us all into a state of lockdown. We spent five months doing online sessions that seamlessly recreated the physical world experience by teaching children functional and academic concepts through the arts.

From November onwards, the campus sprung back to life with on-ground sessions as we focused on empowering the children to assert their independence and take charge of their day-to-day activities. Among our greatest achievements for the year has been how the children have successfully transitioned from on-ground day programme to online virtual school, and then to a new campus for semi-residential learning. Ongoing research and studies by our research vertical, 'Vinati' allows us to observe and assess the effects of such a set up in the Indian context for individuals with special needs.



impART

Our arts-based teaching methodology finds resonance in places outside of our own campus, making our workshops highly sought-after this year. What began with resounding success at the LEAPS seminar in Qatar, has moved onto online endeavours to keep the continuity of our work in these times. We've continued our certificate Play and Human Development course in collaboration with Headstreams, for the fifth consecutive year. Our Creative Connections with Vana has continued for the third consecutive year by combining on-site and online activities. Our workshops with Prameya Pvt Ltd, a cancer support and preventive healthcare in women organisation, too went online this year.

Prajnadhara

The year 2020 has been a significant one for this division of Snehadhara, as the Arts Practices for Inclusion (API) certificate course was launched. It was met with much success and we soon announced the second such course, open to participants in India and abroad. The introductory course was taken all the way to educators, psychologists and social workers in Nepal as well. Inclusion and accessibility are at the heart of Prajnadhara's work and the API course as well as the Study of the Mind series is testimony to that.

In 2020-2021, we worked with 200 children through direct interventions, over 7,500 people through indirect interventions, trained over 1,030 professionals. This year, over 140 organisations in the country and overseas have been introduced to our methodologies.

PROGRAMMES – DIRECT CARE (Campus)

As the COVID-19 lockdown threw a spanner in our works, the team at Snehadhara Foundation quickly regrouped to find a way to continue our children's learning experiences. Aware of how foreboding being restricted at home can feel, we set out on a multi-pronged approach to engage, educate and rehabilitate during such a difficult time. Over the next five months, our facilitators engaged with the students, one small step at a time. One-on-one sessions soon morphed into group ones even as we continued our individual engagements with the children. Technology played a pivotal role in creating intimate spaces, fostering a sense of community and pacifying us about how change is not always something to fear.

Campus life, COVID protocol and more

What has perhaps, been one of the most eagerly awaited and celebrated triumphs for us at Snehadhara Foundation is the commencement of life with the children in our new semi-residential campus at Nelamangala. We have taken on the challenge of this pandemic skillfully by taking the required safety precautions without compromising on the essence of our educational philosophy.

Wholly aware of the challenging times we're in and the coronavirus threat being far from over, the Snehadhara Foundation has been committed to maintaining the highest levels of safety and healthcare. We have sanitiser stations at regular intervals, subjecting every single one of us to thermal screening and ensuring that masks are worn on the campus at all times. It has become second nature to our children today and we're delighted to note how well they've taken to this new normal.

The semi-residential format encourages the children to build their independence with activities of daily living as a part of their hostel life. Participation in community living offers one a chance to look at one's relationship with oneself and with others. While Arts Practices enable us to meet the children's learning and therapeutic goals, their involvement in meal preparations, cleaning up their personal and shared spaces, going on nature walks and spending time in quiet observation, and their experience caring for things and for each other, give the children first-hand exposure to figuring out everyday life.

Through a heady mix of Tamil, Hindi, Kannada, Telugu and English, the children learn the fundamentals of expressive and receptive language. Their one-on-one sessions with us focus on the skills that address their individual physical, social, emotional, and cognitive needs. Each child also works with one project each term, understanding the concept fully and through its application across multiple activities. While our curriculum lays emphasis on group and individual activities for the children, we are also mindful of honing the relationship between the children and the support team, helping them to spend quality time together on activities outside the classroom.



What a day looks like

Our dedicated kitchen and support staff are up at daybreak to ensure that the children wake up to a sanitized space and a piping hot meal. After the facilitators and children are ready for the day, breakfast is had before settling down for Circle Time. Everyone gathers to discuss the day's events, make important announcements, and sing together. Post this, they disperse to their respective activity rooms for their sessions. The day's sessions are interspersed by short tea/snack breaks and a longer lunch break that includes some nap time.

Using a combination of art forms such as dance and movement, rhythm and music, cooking, and visual art, we engage with the children through these indoor and outdoor activities to help stimulate their curiosity and creativity. Following the last session of the day in the evening, the Day Boarding Programme students go home while the Semi-Residential Programme students move on to their one-on-one sessions to work upon individual projects.

The children then go on their much-awaited evening walk around the premises. There is much eagerness for this activity as the children get a chance to walk outdoors, feeling the cool breeze touch their faces as the lush trees dance in the wind. During this time, some children and facilitators also volunteer to help the kitchen team with dinner preparations.

Upon their return to the campus, the children have a period of quiet introspection or observation before heading to their rooms to change and ready themselves for dinner at 6:45 pm. This is an ideal time for the children to practice their activities of daily living and take step towards self-reliance.

Sessions and what the children have been exposed to

Our curriculum has a perfect blend of group and individual sessions. The sessions serve as a great insight into how the skill sets of the children have been sharpened based on their individual physical and cognitive needs. They help us track the development of the children in different areas of knowledge that are essential for everyday life such as functional academics, language acquisition, vocational training, and games and play. All these are studied through activities that involve movement, music, physical exercises, or academic concepts.

It has been deeply gratifying for us to see how well the children have adjusted to the semi-residential format of living and learning. They have benefited greatly from the activities of daily living that comes with hostel life. As weeks turn into months, we have seen how their understanding of community living has improved as they continue to make genuine efforts to better themselves and their relationship with those around them.

On the research front, our vertical 'Vinati' has two critical studies underway that seek to observe and assess the effects of such a set up in the Indian context for individuals with special needs. We have surely taken it upon ourselves to make the best of this year and the progress we have made so far is remarkable.



Special occasions and celebrations on Campus

Life on campus can often seem like one big party, and that's because it is! Over the past six months of the campus being up and running, we've celebrated Diwali, Christmas, birthdays, and more. Our Diwali party was one big collaborative effort as everyone spent hours decorating the space with cheerful flowers and candles. We had a great time making gulab jamun too. We were excited to dress up in ethnic wear, dance to filmi chartbusters and channelize our inner Kishore Kumars until our throats ran dry.

Close on the heels of our Diwali party was our pre-Christmas bash, whose attendees included our very own Santa! We shared the significance of the festival, learnt how it is observed all over and watched as our children made it their own. With cakes, snacks and goodies for everyone, we have celebrated every birthday and milestone like it were our own, because at Snehadhara we're one big, joyful family.

Our Campus

Horticulture and Carbon footprint

A significant part of our Nelamangala campus experience is a celebration of nature's abundance. A variety of plants and vegetables are grown by the staff and students on the campus, nourished with love, care and an understanding of horticultural tips. A deep sense of respect for Mother Nature and her produce permeates through our curriculum, as the children's activities reiterate the benefits of sustainability. Add to it their joy to see plants like bottle gourds and gooseberries move from the sapling stage to the harvest one, and our children subconsciously develop a love for science in everyday life.

We are also taking steps to augment our alternative energy resources. Most of our energy needs are harvested through solar panels even as we judiciously use water in our daily activities. The grey water is recycled for use in our garden and in our toilets. The rainwater harvesting system on campus allows us to store up to 82,000 litres of water and helps us during the summers.



PROGRAMMES – DIRECT CARE

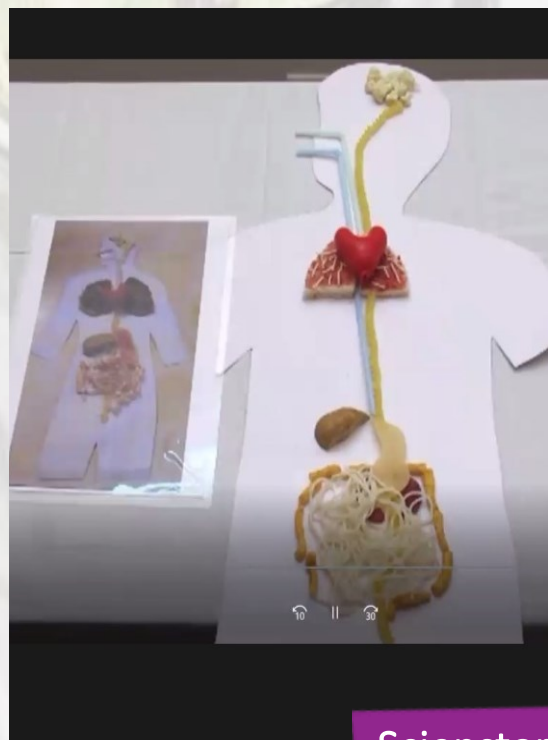
Among the various complications that can arise from a world in various stages of quarantine, the fatigue that sets in from being confined to one space has wide ranging implications on children with disabilities, and their families. In a bid to provide these adolescents and adults an escape from the restrictive nature of a quarantined existence, Snehadhara Foundation has created various programmes and collaborations for their Direct Care students. From encouraging meetups with friends and candid conversations with parents to adding fun science elements to the curriculum, we have kept things interesting from the get-go.

Sangam

The Snehadhara Foundation created the Sangam programme to afford students of the Direct Care programme, an opportunity to meet and befriend others; thereby, expanding their social circles. The lush, verdant and open-to-the-sky environs of our Nelamangala campus provide the perfect location to facilitate such meetings. Cut off from the noise and pollution of the city, these open spaces allow adolescents and adults to come out of the closed spaces and increased screen time, thus fostering better social and emotional health.

By providing a meeting space for adolescents and adults with special needs and disabilities, the programme encourages social communication and interaction, while also opening it up to similar peers from different homes, schools and centres. This gives them an opportunity to interact and make new friends. And keep those friendships by attending monthly 'meet and greets' at our campus in Nelamangala city.

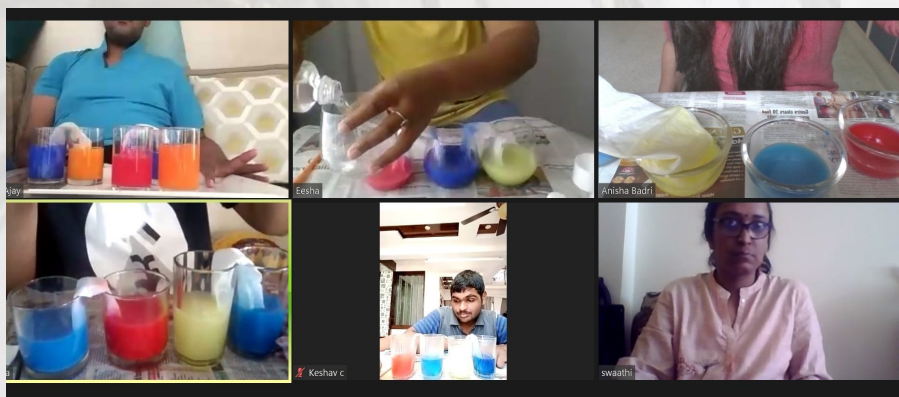
Their fun-filled interactions are made even more enjoyable through interesting activities such as games, play, art, drama, music and dance. Through all this, these adolescents learn to adjust better to 'stay at home,' quarantine' or 'social distance/ isolation lives' back at home buoyed by the strength acquired from making and meeting new friends.



Scienstory

While the arts give expression to our creative, non-verbal sides, science requires us to bring in logic and idea organisation to our work. Using the arts-centric ethos of Snehadhara Foundation to learn concepts of science, we collaborated with Science Hoppers, an IIMB-NSRCEL incubated company, to create our Scienstory programme.

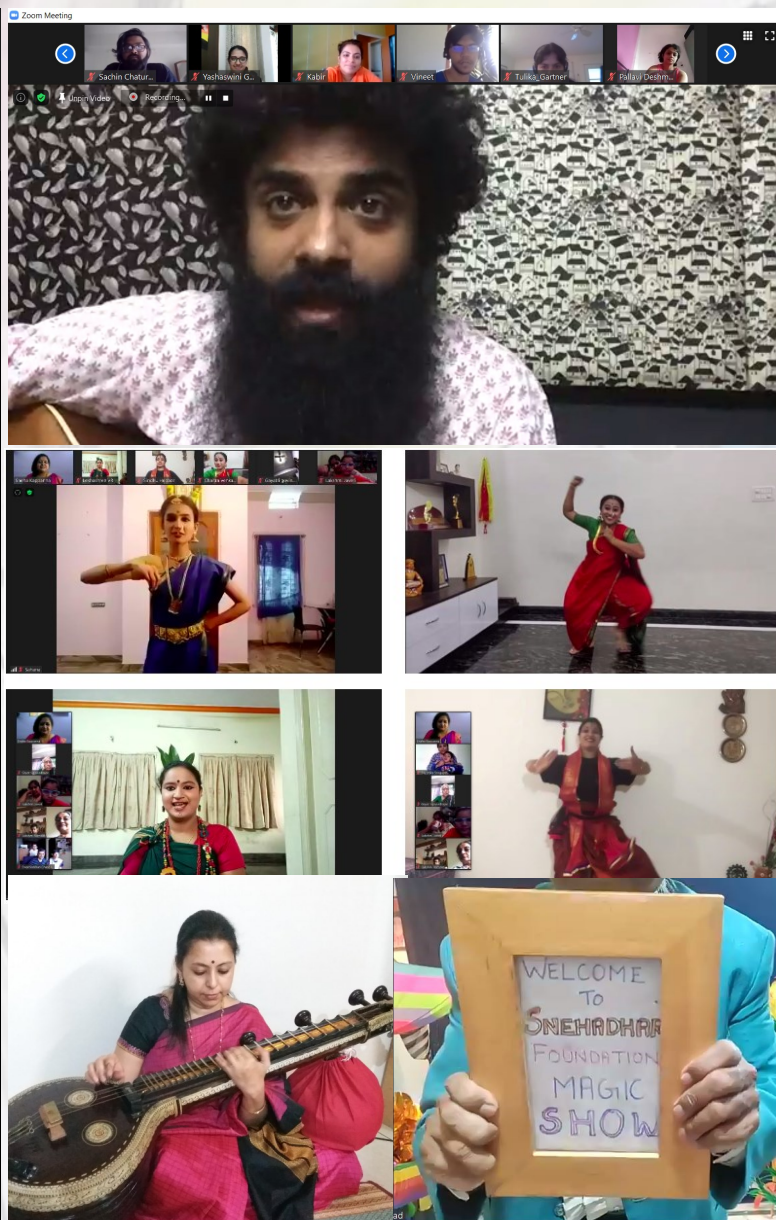
The programme that gave us an opportunity to tap into the scientific temperament of the children, was introduced to participants of the école *Illam* programme as well; the sessions were conducted with children from both programmes present in an effort to have them interact and build on their social skills in the process. The programme has a detailed syllabus that combines audio visual presentations and live demonstrations. And to top it all, we give the children a chance to even create their own experiments, thus honing their curiosity for outcomes. From learning about the water cycle with the help of shaving foam to making edible insects, Scienstory demystified science by making it about everyday life.



PROGRAMMES – DIRECT CARE

Due to the pandemic-fuelled restrictions and the eventual movement of our sessions online, our periodic Houseful also had to regroup online. In its current digital form, it is called 'E-Houseful'. This online series was kickstarted by Mr Devanathan Rengachari, a passionate violinist who mesmerised the crowd with his recital and highlighted how the lockdown may have created distances but music will always bring us closer. In the months that followed, we had artists both renowned and those on the rise to fame including Bindumalini and Vasu Dixit. Some other artists were Dr Geetha Bhat, a veena player, Sneha Kappanna, a folk dancer, and Mr Nagendra Prasad, a magician who each dazzled the crowd in their own magical ways. We closed the financial year with a heartfelt ensemble performance by the employees of Maxim Integrated, who gave employee engagement and eHouseful a whole new meaning.

E-Houseful



Study Circles

Knowing how the lockdown turned parents into teachers and practitioners, we kickstarted a Parents Study Circle every Thursday to give them a space to share, to learn, to unlearn, to vent, to speak candidly and to support other parents who find themselves in similarly stressful situations.

The topics of discussion were vast and insightful; making everyone revisit and reassess their beliefs and perspectives. The study circle was a mix of laughter and serious conversations with each other, giving space for every kind of topic that might be vexing them. Each week was a new, and always relevant topic that ranged from mood swings to sexuality education for children and adolescents with developmental disabilities, building bridges and being comfortable in silence to how to respond instead of reacting to situations.



PROGRAMMES – Online

The COVID-19 lockdown situation brought to the fore the importance of Internet technology in the space of education. Overnight parents became facilitators and teachers with on-ground teaching expertise had to convert their tools to befit the online platform. In mainstream education systems itself this was a monumental shift. For children with special needs, school has always served both the learning and therapeutic needs. Making the transition to an online space when the country had no precedence of virtual learning and therapy for children with disabilities, was nothing short of extraordinary.

école @llam

While working with our Direct Care programme children on the digital platform, we realised that while counselling sessions are still available online, there is a dearth of direct, knowledge-enhancing engagement through the Internet for children with special needs. Working our way through the arts, we sought to meet each child's varied goals, give them reprieve from the cooped-up feeling of the lockdown, engage with them emotionally and intellectually, and in a way foster a sense of co-learning with peers as well as their parents.

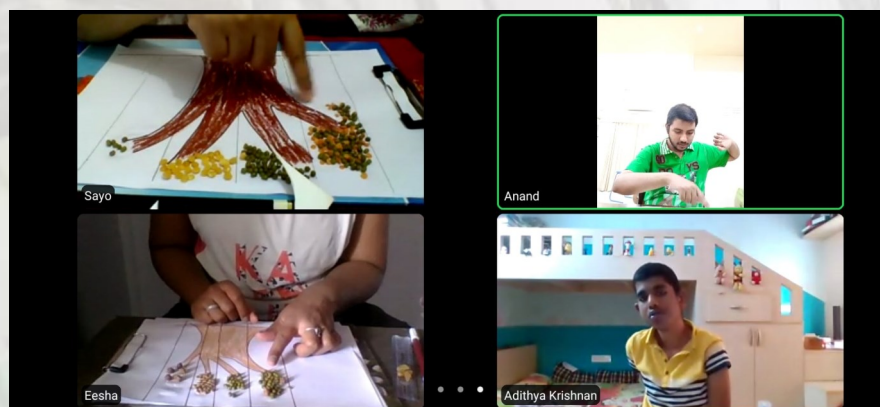
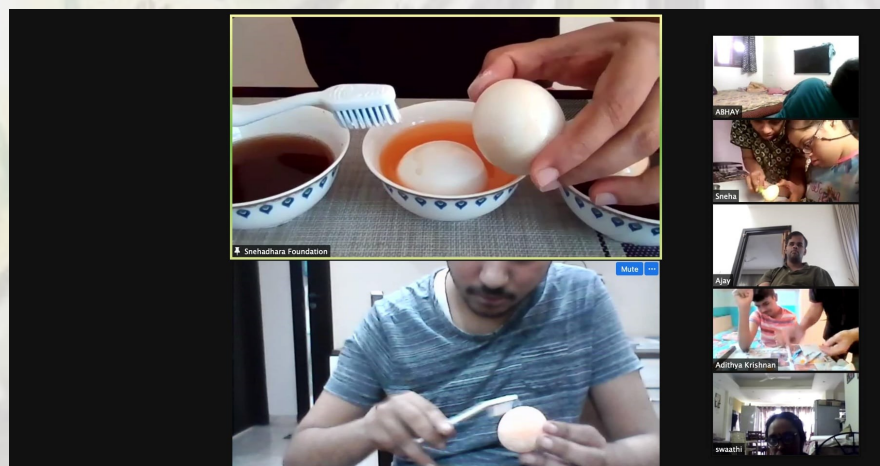
The digital strides we've made in these months, along with the constant research and course correction we've been doing in this new normal, helped us see how beneficial our methodology would be even for those children who are not part of our Direct Care programme. It gave us at the Snehadhara Foundation the perfect inspiration to launch école @llam. And with that, we made history. école @llam, India's first virtual school for children with special needs, conducts arts-based sessions for those who study elsewhere, full-time.

Our courses have been categorised into Basic, Intermediate and Advanced, based on the different engagement needs of the children. These courses are suitable for children of all age groups with special learning needs, including, but not limited to, children with Autism Spectrum Disorder, Down Syndrome, ADHD and Specific Learning Disabilities, amongst others.

école @llam travelled to Nepal

Snehadhara Foundation joined hands with Autism Care Nepal Society for a 10-day programme with the children at ACNS. The society is Nepal's only active autism organisation that is run by a group of parents. The invigorating exchange of ideas between

our école @llam students and those of ACNS also saw them sharing a learning experience through the arts. ACNS' mission to empower people with autism, promote their rights, and utilise their skills in an effective and meaningful way, resonates deeply with the Snehadhara way of life. They work on multiple projects and in collaboration with different organisations around the world to create awareness on Autism.



PROGRAMMES – Online

Digi Akshara

If children have stepped up way beyond expected to meet the learning challenges of the COVID-19 new normal, teachers have had to relearn concepts and techniques they're experts in just to make learning on the digital medium a much more engaging experience. From our own experiences and honest assessments of what works and what doesn't for children with special needs, we realised that we could share our best practices with other educators who are grappling with similar issues.

Driven simply by the urge to recreate our children's physical world online, we put together the one-month training programme Digi Akshara, to create and facilitate e-learning spaces for teachers, facilitators and practitioners working with children with learning and special needs. This stems from a need to make the learning transition seamless across media, while retaining a sense of continuity that is so imperative for children with special needs.

5

Batches

8

Cities

39

Participants

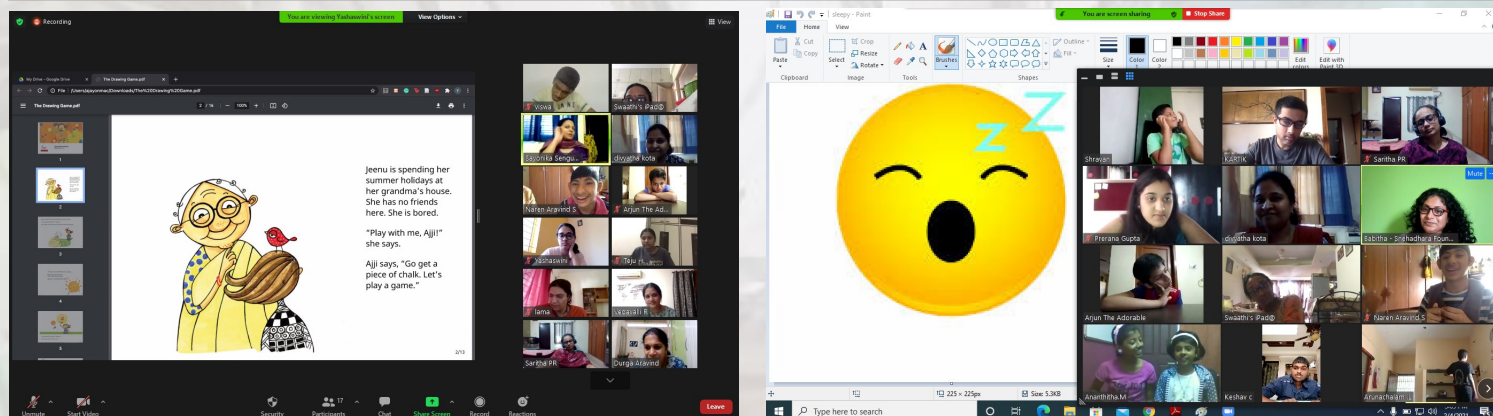


Maitri: Ishanya and Mirra

While all our courses address the socially interactive side of our children, we recognise how important it is to learn to work with those with whom we're not always personally familiar. "Maitri — building our social world" is the culmination of our vision to create shared learning spaces between children of our Direct Care programme and children of other organisations.

Through Maitri, these new learning spaces challenge the limits of physicality while simultaneously remaining close to the goals and values that are enshrined in the learning process. This year, like most other programmes, our Maitri sessions too were conducted online. We conducted exciting sessions of Maitri@Ishanya with children from Ishanya India Foundation that covered the story 'Colour Colour Kamini' through songs and dance, and many more such activities. Similarly, we also conducted the Maitri@Mirra sessions with youngsters from the Mirra Charitable Trust.

The curriculum for this programme is based on empowering children with special needs, with the requisite personal tools needed to navigate through the daily practicalities of life. A team of experts and trained arts practitioners introduce the ensemble groups to life's everyday wonders and quirks through music, rhythm, dance, movement, story sharing, play, cooking, and visual arts.

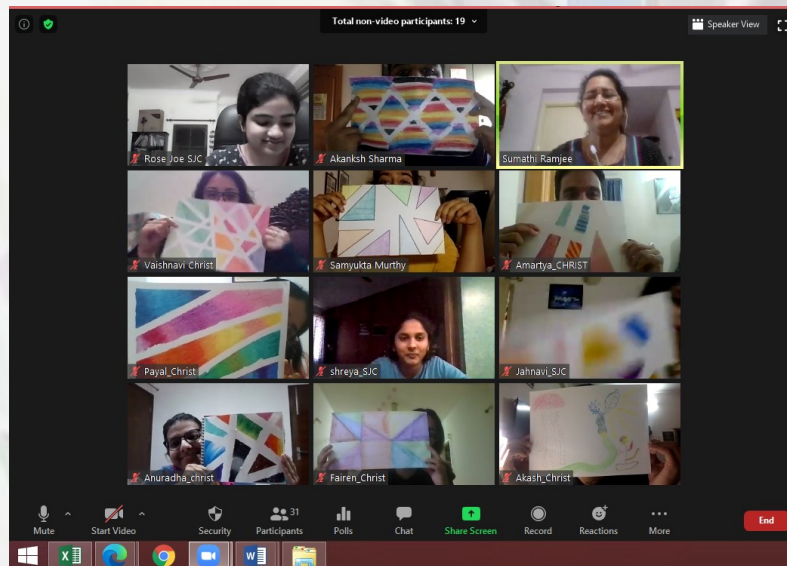




IMPART

Snehadhara Foundation's impART vertical is an initiative that promotes interventions, methodologies and practices using the Arts to create an inclusive society in organisations outside our own. Taking our arts-based teaching methodology beyond our own campus, we have conducted certificate courses in colleges and corporate organisations, thus making our workshops highly sought-after this year. We started the year with the LEAPS seminar in Qatar, before moving to both online and subsequent on-ground engagements with social and corporate organisations.

Life's most persistent and urgent question is:
'What are you doing for others?'
- Martin Luther King Jr.



Play and Human Development-Headstreams

For the fifth consecutive year, we've continued our certificate Play and Human Development course in collaboration with Headstreams. However, given the kind of lockdown year that it was, this time we moved our course online. The Play and Human Development course was offered to students at Christ University, Mount Carmel College and St. Joseph's College. The pertinence of the topics covered by the course couldn't be more overstated what with the many takers that it found—Mount Carmel College: 34 students, Christ University: 11 and St Joseph's College: 21.

Prameya Health Pvt. Ltd

Prameya Health Pvt. Ltd has been facilitating the wellness of cancer patients, survivors and caregivers, and Impart's working with them has been an enriching experience for all of us involved. Impart collaborated with Prameya's FENS Cancer Support Programme to forge a path to recovery by embodying the Arts with the participants of the Sahai Programme. This programme is curated to help cancer survivors get back to "their normal" routines via the Functional, Emotional, Nutritional and Spiritual approach to wellbeing.

REBOOT YOUR LIFE

Supportive Care program for Cancer

Prameya in association with
Snehadhara brings you

*The Roots of
my Be-LEAVES!*

11AM, 15th December 2020



Conference – Christ College online

Around 350 students belonging to the Media Studies Department of Christ University, Bannerghatta Road Campus, Bangalore, exchanged ideas, opinions and sentiments about what it is to be in an inclusive society and how the Arts can serve in this process for each one of us. In a freewheeling discussion that saw the students identify prejudiced thought and habitual labelling, solutions were sought by the same students who found ways to nip exclusionary behaviour at the bud. In what could only be described as an honest, visceral understanding of one's role in society, the conference served as an eyeopener to over 350 students about how they need not perpetuate what they have endured.



There is no greater power for change than a community discovering what it cares about.

- Margaret J. Wheatley

IMPART

The Snehadhara Foundation takes pride in how the most valuable lessons of our arts-based methodologies that are applied to special needs children, can also be used to strengthen corporate leadership, governance and employee interaction. Some of our collaborations this year have witnessed refreshing workshops that have helped employees and team leaders reassess their own role in the larger structure of the organisation. These sessions (both online and on-ground) aim at enabling appreciation, connection and empathy while setting ground realities with respect to needs and aspirations to work with others.

Mental I-llness to We-llness

On account of World Mental Health Day observed on 10th October 2020, we collaborated with Silver Oak Health. Silver Oak Health offers India's most comprehensive Employee Wellbeing and Assistance Program (EWAP) and is changing how EAP is administered in the country through their innovative online programs and apps. Through Creative Connections, our program that engages with corporates with diverse audiences using the Arts, we co-hosted one of these webinars titled: "Mental I-llness to We-llness. It was a session on the beauty of the arts in understanding, equipping, and empowering the self to go out and break free of the chain of judgement, by providing and receiving the best mental health support that each person requires.



A 60-min webinar on

Mental I-llness to We-llness

**CHALLENGE THE
STIGMA**



Gartner—Employee Engagement

Taking forward from our previous Gartner visits to our campus, this year Snehadhara Foundation conducted its first e-employee engagement programme for the company. The session was one of the meetings of extremes: NGOs and corporates, 'techies' and 'artists', madness and motivations, and holding back and letting go. By the end of the session, these extremes came together, bound by each of our capacity to love, care, and spread joy in each other's life. Walls were shed, and it became evident to each of us that it is possible to break our own barriers sitting within the four walls of our homes, and that the delight of letting go as a community just brings us closer to one another.

Maxim—Employee Engagement

Maxim Integrated's 2019 visit to our campus was a heart-warming exchange of ideas and inspiration that saw the employees engage with our children and faculty. Some of Maxim participants were interacting with people with special needs for the first time, and it is safe to say that the interactions only served to strengthen our bond over time. In the recently concluded eHouseful, Maxim Integrated took a step beyond corporate social responsibility when their employees decided to put up a talent show for our children. Their heartfelt performances spanning music and poetry, took employee engagement and the eHouseful spirit to newer heights.



Creative Connections at Vana, Dehradun

Snehadhara Foundation's work with the Vana team in Dehradun is in its second year. What started online in 2020, has soon morphed into on-ground sessions in Dehradun as part of an intensive certificate course for senior and middle management that works towards creating a collaborative, compassionate leadership environment. The program involves working with various teams and designing a coaching programme for them that involves group and one-on-one sessions once every month. Creative Connections implores team leaders and members to think of their own wellbeing in the perspective of the health of the organisation, and the other way around. By honing competency, recognising responsibility to oneself and igniting self-empowerment, Snehadhara through its work at Vana, contributes to improving the health of companies by improving the wellness of the people who run it.

ARTS PRACTICES FOR INCLUSION

From the very beginning, the Snehadhara Foundation's ethos has been about making a better space for everyone. Not just bringing in new or marginalised people into a setup that already exists but creating a space where there is unquestionable acceptance. Every decision that has been made by the organisation, has been a step closer to including everyone who comes their way. It is no surprise then that using the best of Arts Based Therapy, SF worked tirelessly to create a curriculum that is pivoted on inclusion. Arts Practices for Inclusion aims to bridge the gap between mainstream and special needs and vulnerable populations, thus celebrating neurodiversity built upon relationships of mutual trust, acceptance and compassion.

API India – Batch 1

Through our one-year certificate course, we train students in the therapeutic benefits of the arts, transforming their skill sets and certifying Arts Practitioners for Inclusion. We aspire to empower students to become entrepreneurs, who then implement projects to create inclusive spaces across India through the arts.

The first batch of the introductory course on Arts Practices for Inclusion saw professionals in arts practices from six different states in India come together to talk about the cross-roads between inclusion, therapy and the arts. Participants came from different social inclusion fields like arts and therapy interventions with children and adults with learning disabilities, special needs, victims of sexual abuse and other at risk and vulnerable populations.

The participant diversity spanned many states across the country, with the highest percentages being from Karnataka (37%) and Tamil Nadu (26%). There were 19 participants in total.



API Supervisors Training

Prajñadhara organised its first ever training for API supervisors on the campus, with COVID protocols firmly in place. Our supervisors take the essence of the course forward and are the window to our API work. They come from different professional and creative backgrounds bringing significant experience and strength to the supervision of API trainees. Faculty facilitated art form-based sessions, and the experience of those sessions introduced supervisors, administrators and other faculty to different approaches and styles on the course. There are 9 supervisors for the course, handling myriad aspects of inclusive practices and empathetic responsibilities. Their expertise enhances the student experience as they visit students up to 8 times during the practical component of the course at the organizations of the student's choice.

API second course announced

The first batch of the Arts Practices for Inclusion course concluded with much inspiration for those of us involved. It was a matter of time before we had to announce the openings for the second batch.



Arts Practices for Inclusion

Coming together is a beginning. Keeping together is progress. Working together is success
- Henry Ford

API Nepal and its aspiration

So far, our trainings and direct beneficiary work have largely been India specific. To this end, SF decided to create a crucible working directly with children to validate innovations before taking them to scale. This space is our Direct Care. While the target audience is large, SF realised that there needs to be demonstrators and pilots to create standard models of delivery in other countries. The Millennium Alliance has recently awarded a 3 year project to take this knowhow to Nepal for creating capacity to enable inclusion using this methodology.

The aspiration with Nepal is to look at expansion opportunities within Nepal and develop a standard rollout for other countries which will also be sourced by the incumbent. As a part of an initial baseline we did a workshop series for a few organisations in Nepal in December 2019 and these were very well received, and we saw the interest of the groups in taking this forward.



<p>We have worked with</p> <p>1000</p> <p>children through direct and weekly interventions</p>	<p>We have worked with</p> <p>50006</p> <p>children through indirect interventions</p>
<p>We have trained over</p> <p>2000</p> <p>professionals in more than 400 organisations</p>	<p>We have worked in</p> <p>5</p> <p>countries and touched lives across the world</p>



SDG Goals addressed

- ✓ Good Health and Well-being
- ✓ Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all



**Arts Practices
for Inclusion**



Kala Samvaad-Arts Practices for Inclusion

The innovation will build, test, make robust and roll out Kala Samvaad - Arts Practices for Inclusion as a network model, hitherto non-existent in the disability sector, via transformation, community work and inclusive practices by a community of inclusion Arts practitioners seeding our methods in existing spaces and learning institutions.

Nepal

Snehadhara bags the Millennium Alliance Round 6 Global Award

API Introductory online course - Nepal

The API introductory course was a 6-day online programme where 13 teachers, special educators, and psychologists from ACNS got to experience what the Arts Practices for Inclusion course entails. The participants of the Introductory Course experienced the magic of Visual Arts, Movement, Drama, Play and Music during the course.

ACNS is the only active autism organisation run by a group of parents. Their mission is to empower people with autism, promote their rights and utilise their skills in an effective and meaningful way. They work on multiple projects and in collaboration with different organisations around the world to create awareness on autism.



Is proud to offer for the first time
An Online Introductory Course on Arts Practices for Inclusion – Nepal

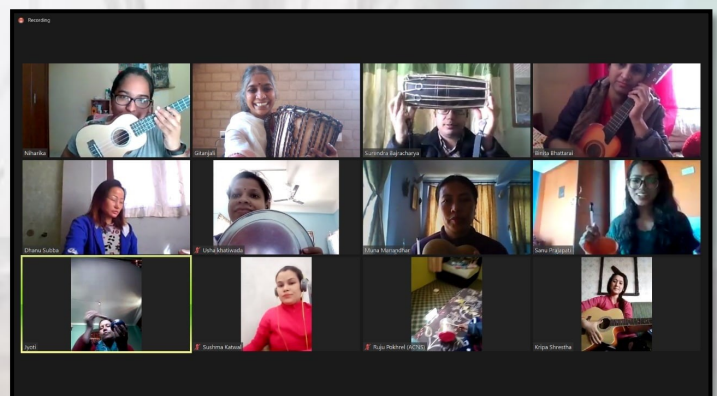


Prajñadhara has been awarded the prestigious Millennium Alliance Global Award to take its work to Nepal. The Introductory Course is a step in the direction of offering the 1-year certification training to individuals and organisations in Nepal.

Inviting all persons working in social inclusion fields like disability, psychology, social work, teaching and education for a unique online training in Arts Practices for Inclusion.



<https://prajadhara.snehadhara.org/api-introductory-course>

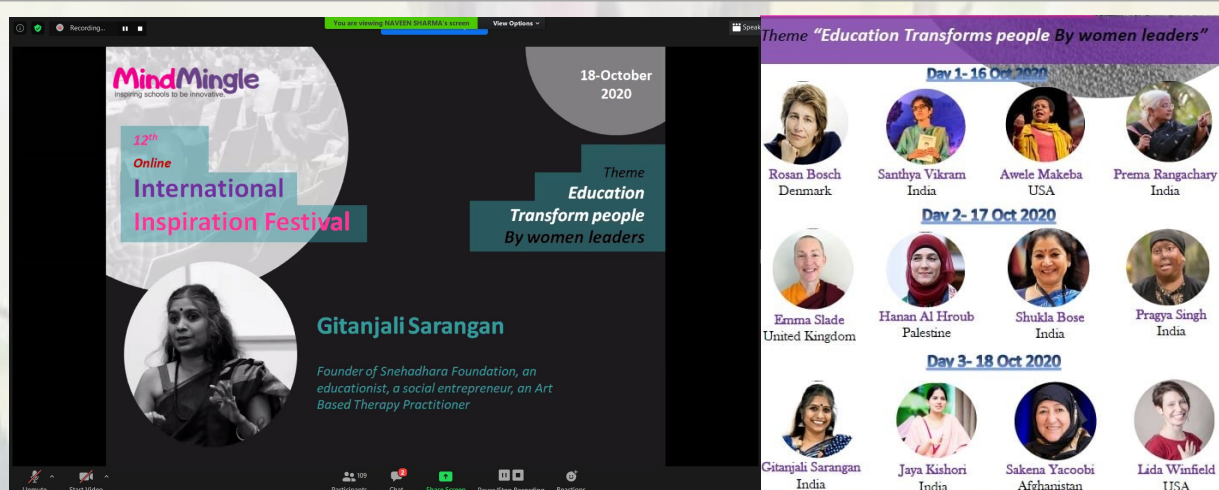


PRESENCE: Talks and Conferences

The significant volume of work undertaken by the Snehadhara Foundation to espouse values of inclusion through the arts, has won many fans across the globe. We have been fortunate enough to have been invited to major conferences and seminars, to give our inspiring work a larger platform. We have always maintained that as long as more people participate in our endeavours, we are simply the catalyst for the positive, welcoming change we wish to see in the world.

12th International Inspiration Festival - Mind Mingle

In the Virtual 12th Inspiration Festival on "Education Transforms People by Women Leaders" held by Mind Mingle, founder and executive director Gitanjali Sarangan spoke about how one need not be an artist to work with the Arts. Creating learning spaces which are creative, fun, non-threatening and non-invasive while recognising that learning is for life can build a sense of ownership and community which is the change we need in the world today. The Virtual 12th Inspiration Festival with a group of 400+ educators from across the world heard speakers talk on holistic learning and teaching. Some of the past speakers of the festival have been HH Dalai Lama, Kiran Bedi, Sonam Wangchuk, Shaheen Mistri, Varun Gandhi and Gaur Gopal Das.



GITANJALI SARANGAN
SNEHADHARA FOUNDATION

#19/30



THE MIND OF FEARLESS EDUCATOR

2 AUGUST 2020 | 5 - 6 PM

CREATIVE ARTS IN EDUCATION

"Kalasamvaad- Creative Dialogues to Re-imagine learning"

WWW.FUTURE SCHOOL LEADERS.IN

Masterclass with Fearless Educators

Gitanjali Sarangan conducted a session at the Masterclass with Fearless Educators, a webinar series. This by-invitation-only series is exclusively designed for the head of schools and teachers across India by Future School Leaders (FSL). Titled 'Kalasamvaad: Creative Dialogues to Reimagine learning', the talk focused on integrating the arts (music, movement, theatre) and play into teaching methodologies within institutional settings and reimagining classrooms by infusing existing learning protocols with artistic interventions to understand how children learn.

QtSTEAM- I(m)nclusion

In a rousing talk on inclusion, founder and executive director Gitanjali Sarangan deconstructed the habitual labelling and slotting of children and adults. She spoke of important and complex issues about children, their abilities and different capabilities, their milestones, using the Arts in the process of learning and more, in her own simple and practical way, making the concepts more accessible and the possibility of creating an inclusive world more real.

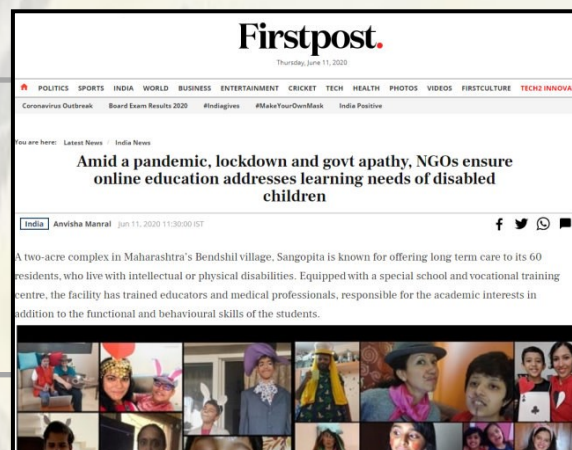


PRESENCE: MEDIA COVERAGE and COLLABORATIONS

While we've been taking our core ideology of arts practices for inclusion to more and more countries and organisations, we have been incredibly fortunate for the support and collaborative assistance we have received in the media and with other organisations. Firmly of the belief that the more people who join the easier becomes our mission, the Snehadhara Foundation has been offered many such platforms to reach out to

Featured in Firstpost.com

With nearly 1.26 billion children impacted by the closure of schools globally due to the rapid spread of COVID-19, the Indian education sector too witnessed a transformative shift to virtual learning. Firstpost.com did an extensive, exhaustive piece on how those of us in the disability sector have had to transition to online sessions even as we do not fall under the conventional purview of the education industry. Featuring Snehadhara Foundation's exemplary work, the article looks at how the online sessions we've created during the lockdown were holistic, therapeutic, educational and with a generous dose of fun.



Qatar Foundation hosts webinar on 'Leading Educational Advancement'

14 May 2020 - 16:22



Featured in The Qatar Tribune Newspaper

Qatar's leading newspaper Qatar Tribune reported the presence of Snehadhara Foundation among founders and leaders of international schools and institutions that take a new, disruptive approach to learning. Attended by Her Excellency Sheikh Hind bint Hamad Al Thani, Vice Chairperson and CEO of Qatar Foundation, the event showcased how progressive schools are subverting traditional methods of teaching and learning, to revolutionise and support children's creativity, curiosity, self-development, and future paths.

India Inclusion Foundation

The Snehadhara Foundation's association with the India Inclusion Foundation's eponymous summit was an invigorating one of creativity, inclusiveness and inspiration. We coordinated and co-hosted the online curtain-raiser of the prestigious event that had an enviable roster of speakers scheduled. The curtain-raiser gave viewers a sample of the quality of work and speakers that have been lined up for the month-long event. Among the list of speakers was Snehadhara Foundation founder and executive director Gitanjali Sarangan, who was on the panel of IIS 2020: Resilient Me along with Nobel laureate Kailash Satyarthi, para badminton world champion Manasi Joshi and others. Her speech was met with rousing applause as Gitanjali decoded how simple the act of inclusion is, if only we just put our hearts to it.

Eight winners of Art for Inclusion 2019 (an initiative of the IIS), who are gifted visual artists with special needs, as well as the India Inclusion Summit team met with members of Snehadhara Foundation in a wholesome, mutual experience during which the team acquainted itself with the way sessions are conducted at Snehadhara, while we in turn learnt of their journeys thus far.




INDIA INCLUSION SUMMIT 2020
Resilient Me
Everyone is Good at Something

Speakers:
Kailash Satyarthi (Nobel Peace Laureate)
Manasi Joshi (Para-Badminton World Champion)
Neha Kirpal (Mental Health Ambassador)
Dr. Shekhar Seshadri (Child & Adolescent Psychiatrist)
Ellen Petry Lease (Author & Neuroscience Geek)
Ira Singhal (IAS Topper)
Gitanjali Sarangan (Arts Based Therapy Practitioner)
Miracle On Wheels (Wheelchair Dancers)

Staying strong is important for everyone, especially in the pandemic. Let's learn from the best on how to never give up when the going gets tough.

7th November, 2020 | Time : 5pm - 7pm | LIVE @ www.indiainclusionsummit.com



AWARDS AND ACCOLADES

Despite the challenging year that 2020 has been, the Snehadhara Foundation has had its share of accolades and successful presence globally. The range of associations and achievements only reiterate our commitment to what we do and serves to validate the faith renowned experts have in our activities.



MA Award

Founder and Executive Director Gitanjali Sarangan was awarded the Millennium Alliance Global Award-Round 6 for her breakthrough innovation in the Social and Education Sector: "Kala Samvaad — Arts Practices for Inclusion". What makes this noteworthy is also the fact that Snehadhara Foundation was one of the five winners in the global category of innovators, who have found inspiration during the time of crisis and effectively executed solutions for the same.

Superwoman Award - FSIA

The Forever Star India Awards (FSIA) awarded the 'Certificate for the Real Superwoman' to Founder and Executive Director Gitanjali Sarangan, in appreciation of her remarkable work and influence as a social innovator, to help reimagine and rebuild society through art and inclusion.

Our Founder and Executive Director Gitanjali Sarangan, whose efforts in re-imagining and rebuilding our society through art and inclusion has been recognised by the Forever Star India Awards (FSIA). She has been awarded the 'Certificate for the Real Superwoman' by FSIA in appreciation for her remarkable work and influence as a social innovator.



Woman Icon

Gitanjali Sarangan, our Founder and Executive Director received the Woman Icon of the Year 2021 award from the International Women's Day Indian Achievers Award (IWDIAA). Selected among several eminent women achievers for their exceptional abilities and outstanding accomplishments across various fields, Gitanjali's tireless work in the area of special education and social inclusion saw her clinch the iconic award.

Global Excellence Award (2020)

Snehadhara Foundation was bestowed the world's prestigious "Global Excellence Award 2020" for remarkable achievements in the field of digital education and inclusive education for those with special needs, during a pandemic. The award recognizes and honours innovative initiatives by individuals and organizations that address digital advancement in the education sector. The Snehadhara Foundation has been quick to adapt to the challenges of the pandemic by transforming our Direct Care space into a virtual learning space. The demands of the time also saw the creation of école *Illam*, India's first arts-based online learning programme for persons with special needs, and this programme has been running many successful batches for the past few months.



Snehadhara Foundation (SF) is a registered non-profit organisation based in Bangalore. The pioneers of Arts Practices for Inclusion, Snehadhara Foundation believes that inclusion is the bedrock of a more compassionate and empathetic society. SF advocates inclusionary spaces where arts practices form the primary methodology of teaching and learning. SF aims to create an environment which welcomes, acknowledges, affirms and celebrates the value of all learners.

The major thematic area of the organisation's work is service based, community based and policy advocacy. We directly work with the beneficiaries in our Direct Care space and also in other organisations working with children at risk. The service delivery model also trains educators, practitioners, psychologists across schools and learning spaces in the country and building lifelong partnerships by introducing corporate citizens to the goals of a socially inclusive society. We have crafted three initiatives in pursuit of this goal: Direct Care, impART and Prajnadhara.

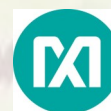


Gartner



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WEBSITES

<https://snehadharafoundation.org>
<https://prajnadhara.snehadhara.org>
<https://impART.snehadhara.org>

Facebook Pages

www.facebook.com/SnehadharaFoundation
www.facebook.com/snehadharaconnect
www.facebook.com/impARTsnehadhara

Youtube CHANNELS

www.youtube.com/user/

LEGAL STATUS

Karnataka Trust Registration Act

Reg No: BK IV BNG-BMH 470/2012-2013
Date of Establishment: 05.12.2012

Registered under Section 51,52 of Persons with Disabilities Act, 1995

Reg No: #125
Date of Establishment : 25.03.2013

Registered with National Trust of India

Reg No: KSNE16512252414

Registered under section 12AA of the Income-tax Act, 1961

Reg No: No.DIT(E)BLR/L2ANS-2457/
AAMTS2250A/ITO(E)-3NOL. 2012-13. DTD 06-03-2013.

Exemption u/s 80G(5Xvi) of the I.T. Act 1961

No: DIT(E)BLR/80G/86/AAMTS2250A/ITO(E)-3/
Vol 2013-2014